



## Medicine of Cosmetics

### After Care for Cosmetic Tattoo Treatments

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You will need a small tube of Bepanthen Cream from a chemist. This is an antiseptic cream to protect against infection. The cream also soothes and assists the natural healing process of the skin. **DO NOT USE OTHER CREAMS OR LOTIONS, INCLUDING BEPANTHEN OINTMENT.**

#### **FOR ALL PROCEDURES:**

DO NOT use soap or cleansers on the tattoo area in the first day. Clean tattoo area with warm (cold for an eyeliner treatment) running water and cotton wool, pat dry and apply a smear of Bepanthen cream with a cotton tip in a gentle dabbing motion.

During the days following the procedure, the tattoo area **MUST** be kept moist for successful healing. Apply Bepanthen cream to the tattoo area every 3-4 hours for the first 4 days. After this, whenever the skin feels dry. Only a thin smear of cream is necessary. **DO NOT** apply an excessive amount of cream.

Pigments will appear brighter in the days immediately following the procedure. This is due to scabbing forming on the tattoo area. It is **EXTREMELY IMPORTANT** that you **DO NOT** pick at, or remove this scabbing. Allow the scabbing to fall off naturally. This will occur in the following 3-10 days leaving a more natural pigment.

- € **DO NOT** touch the tattoo area with your fingers as this may cause infection.
- € **DO NOT** apply moisturizer creams that contain **ALPHA HYDROXY ACIDS (AHA)** to the tattoo area.
- € **DO NOT** apply make-up to the tattoo area during the first 7 days.

#### **EYEBROW PROCEDURES:**

Swelling and tenderness may occur after the procedure. This may be relieved by applying cold compression to the area for no more than 10 minutes.

It is normal for the tattoo area on the eyebrows to weep a clear fluid. It is important to remove this fluid in the following 24 hours by firmly wiping with a moist cotton tip.

#### **EYELINER PROCEDURES:**

Rest the eyes in the hours following the procedure. If swelling occurs, apply a light ice-pack for no more than 10 minutes to alleviate soreness. It is NOT NECESSARY to apply Bepanthen cream to the eye line tattoo area, however you may apply the cream (being careful not to get the cream in your eyes) to aid in soothing.

- € Gently wash the eye line tattoo area with **COLD WATER ONLY**.
- € **DO NOT** apply mascara or eye shadow in the first 7 days.

#### **LIP LINER PROCEDURES:**

Swelling and tenderness may occur after the procedure. This may be relieved by applying cold compression to the area for no more than 10 minutes. Keep using Bepanthen, after four days, you can use a Hyaluronic Acid/Serum to moisture them, your lips. We expect a fade of 30-50% after initial treatment. Touch up 6 weeks later at \$150.

#### **Ongoing care**

- € Exposure to the sun over time can cause fading and/or colour change. It is very important to use sunscreen and glasses when outdoors.
- € Chemicals will cause bleaching of your cosmetic tattoo. Cover the tattoo area with Vaseline when swimming in salt or chlorinated water to avoid bleaching. Glycolic acid or Peels must never be applied to your cosmetic tattoo. Some vitamin A & C moisturizers and face scrubs will also lighten your tattoo.
- € A review appointment following your procedure is essential.
- € Some long term fading will occur with your tattoos, especially to the eyebrows.

Failure to follow the above advice will result in less than desired results.

- € It is important that you do not leave your first treatment session if you still have discussions or issues with your Tattoo. Consents signed by yourself at the beginning of this treatment, have introduced this and it is reiterated here. We use pigments not 'ink' these fade naturally over time, we invite you to have a 2<sup>nd</sup> touch up at approximately the six months mark, at a discounted cost. Clients who have not had a maintenance 2<sup>nd</sup> touch up within a 12 month period, will be charged for full tattoo costs if needed.

If you have any question or concerns please call Medicine of Cosmetics on 0421 952 996