



Medicine of Cosmetics

After Care for Platelet Rich Plasma (PRP) Treatments

WHAT TO EXPECT:

- The treatment area will look red, swollen and may possibly bruise – this can last for 1-4 days
- Your body's own natural collagen in the treatment area will start to plump up and will continue to do so for several weeks/months and up to 1-year
- Some patients see results within the first week; others may take several weeks to notice discernable results.
- Increased cell proliferation
- Increased cell regeneration
- Angiogenesis (the formation and development of capillaries)
- Exfoliation/desquamation
- Increased topical product absorption
- Regulates pigmentation
- Reduced size of the appearance of pores
- Reduced size of the appearance of scar tissue
- Reduced appearance of stretchmarks
- Reduced appearance of cellulite
- Increased growth of stronger and thicker hair

AFTER CARE:

- Apply 'Skin O2 Collagen Support Cream' \$45 (with clean hands) 2-3 times a day or as needed to keep the area moist for 72 hours following your treatment.
- Cleanse face using a gentle cleanser such as 'Skin O2 Cream Cleanser' \$45 – use as you normally would morning and night. Use your AHA products after your face is totally healed such as 'Skin O2 Gel Cleanser' \$45
- Using peptides or vitamin C (l-ascorbic acid) may enhance your PRP result. (Suggest Skin O2 Multi-Vit Serum \$59 – comes with a free mask)
- You may apply new mineral make-up after the third day. Use a clean brush and apply to the red areas if needed. (Suggest Skin O2 Mineral Medical Make-up \$50 for a compact)
- A recommended sun protection MUST be worn – no compliance, no treatment
- Mineral Make-up to be worn (no talc powders)
- No chemicals including swimming for 48 hours after treatment
- No harsh skin care including Retinol or exfoliants for 72 hours
- Cold sore prone patients should continue to use Acyclovir or Zovirax for 5 days after treatment
- No exercise for 24 hours
- No spray tan or solarium for 72 hours
- No waxing for 5 days after treatment
- Do not apply cosmeceuticals for at least 72 hours
- Men – No shaving for 12 hours before and after this treatment



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ADDITIONAL VISITS:

- Visits may be scheduled 4-6 weeks after your initial treatment. We recommend 4-8 treatments – results vary from patient to patient.
- Some patients see results for 12-24 months and request a touch-up at this time, while others may look good for 5+ years. Depending on how you take care of your skin, this will determine the need for any further treatments.

Failure to follow the above advice will result in less than desired results.

If you have any question or concerns please call Medicine of Cosmetics on 0421 952 996

